

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY FAVOURITES...

Packed Lunch	Jacket Potato with a choice of fillings (V)
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Try something different!

Trying new and different foods is a great way of getting all the nutrition your body needs

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls (V) 🌿 Cheesy tomato topped pizza slice	Chinese Veggie Noodles with Stir Fried Vegetables (V) 🐟 Fragrant egg noodles with stir fried vegetables
Sausage and Mash with Gravy Fluffy mashed potato with pork sausages and rich gravy	Quorn Bolognese (V) 🌿 Penne pasta in a yummy tomato and Quorn sauce
Roast Chicken with Roast Potatoes and Gravy Moist roast chicken with fluffy roasties and tasty gravy	Roast Quorn with Roast Potatoes and Gravy (V) 🌿 A traditional Quorn roast with fluffy roasties and tasty gravy
Favourite Beef Lasagne 🌿 with a Garlic & Herb Bread Wedge A classic Italian beef lasagne baked in a creamy cheese sauce	Mild Bean Chilli with a Rice side (V) 🌿 Super yummy mildly spiced vegetable chilli
Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips	The Incredible Burger (V) 🌿 and Chips A delicious Southern style vegetable burger and scrummy chips

Available every day!

Cool water Salad

Freshly baked bread

Yoghurt and milk

Fresh fruit



SIDES...

Sweetcorn and Fresh Broccoli
Peas and Fresh Carrots
Fresh Carrots and Fresh Cabbage
Sweetcorn and Fresh Broccoli
Baked Beans Fresh Carrots and Peas

PICK A PUD!

Raspberry Yoghurt Cake with Fruit Slices
Shortbread with Custard and Fruit Slices
Flapjack with Fruit Slices
Chocolate Brownie and Chopped Apricots
Vanilla Ice Cream with Fruit Slices

PACKED LUNCH...

Ham or Cheese Sandwich or Baguette or Daily Special Wrap with Veg Sticks and Fresh Fruit or Dessert of the Day

WEEKS COMMENCING;
22/03, 28/04, 17/05
14/06, 05/07

Look out for these symbols for our super healthy dishes: (V) Vegetarian
🍏 Fruity! 🌿 Wholegrain 🐟 Oily fish

Allergy? Speak to our kitchen for help

